**SECOND TERM E NOTES**

**SUBJECT: HOME ECONOMICS**

**CLASS: BASIC FOUR**

**WEEK TOPIC**

1. **Clothing**
2. **Care and uses of clothes**
3. **Care and uses of clothes**
4. **Clothes for different occasions**
5. **Clothes for different occasions cont.**
6. **Cleaning the sitting room**
7. **Revision**
8. **Cleaning the sitting room cont.**
9. **Revision**
10. **Revision**

**WEEK ONE**

**CLOTHING**

**Reasons why we wear clothes**

1. Clean clothes makes us look neat and smart
2. We wear clothes to cover our wickedness
3. Clothes keep the body warm
4. We wear clothes to protect our body from cold.
5. In order to be identified with others in the public, we need to wear clothes

**TYPES OF CLOTHES TO WEAR**

The types of clothes to wear include:

1. Skirt an knickers
2. Skirt and blouse
3. Trousers and shirt
4. Native dresses, e.g Buba and Sokoto or Iro
5. Jacket and trousers
6. Singlet and pants
7. Complete suit

**HOW TO TAKE CARE OF OUR CLOTHES**

1. Wash clothes with soap and water
2. Dry them in the sun
3. Iron, fold and hang them
4. Keep your hands clean so that your clothes will not be dirty

**EVALUATION**

1. We wear clothes to keep the body cold(True/False)
2. Clean clothes makes us \_\_\_\_\_\_\_\_\_\_\_\_ and \_\_\_\_\_\_\_\_\_\_\_\_
3. We wear clothes to cover our \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
4. Name fve types of clothes we can wear

**WEEK 4 & 5**

**CLOTHES FOR DIFFERENT OCASSIONS**

Clothing is importance in the area of identification of professions. For example

1. **Doctors**: Doctor usually wear white coat or sky blue shirt.
2. **Police**: Nigeria police are distinguished from other forces by their all black uniform and beret.
3. **Soldiers**: Soldiers put on thick green Khaki clothes on boots.
4. **Nurses** : Nurses put on all white gown
5. **Apprentices**: Put on clothes that fit their occupation
6. School boys and girls wear school uniforms

Besides, clothing makes one to be identified with people in the society. We cannot do without clothing in all our daily activities otherwise, we will not be regarded as human beings.

**EVALUATION**

1. Name 5 professions that make use of clothes
2. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
3. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
4. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
5. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
6. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**WEEK 6,7 AND 8**

**CLEANING THE SITTING ROOM**

A sitting room is a room where we receive or welcome our visitors. Content of a sitting room include:

1. Furniture
2. Radio
3. Television
4. Wall pictures
5. Decorations
6. Potted flowers
7. Air Conditioner

The cleaning room must be cleaned and arranged orderly every day. Steps involved in cleaning a sitting room are:

1. Get the necessary cleaning articles
2. Let all the windows remain opened
3. Sweep the floor
4. Dust all the furniture, radio, television and the window hedges
5. Arrange the furniture, curtains, and cushions orderly.
6. Let the center table be well placed and put flower on top.

**EVALUATION**

1. What is a sitting room?
2. Mention five articles you can see in a sitting room
3. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
4. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
5. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
6. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
7. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
8. What are the steps involved in cleaning the sitting room